MAKING YOUR DEPARTMENT

VEGETARIAN

Vegetarian default policy

REASONS FOR A
VEGETARIAN DEFAULT POLICY

Having all meals vegetarian as the default option is a simple way to a more sustainable working environment.

Reducing meat consumption decreases CO₂ emissions and is associated with several health benefits for the majority of the population. Shifting from a meat-based diet to a vegetarian diet reduces CO₂ emissions with 50 percent on average (Clark et al., 2018).²

Would you like to have meat or fish on your plate? No worries! With the opt-out possibility, you always have the choice to order a meal with fish or meat. In that way, you increase the number of vegetarian meals while not compromising on freedom of choice (Jachimowicz et al., 2019).²

VEGGIES ARE POPULAR

In 2016, the Department of Management, Society, and Communications implemented a vegetarian default policy as the winning solution of an internal competition. The default has been evaluated as the most feasible option and has been tested in a trial period of six months. After that, the feedback provided by the staff has shown a clear result:

71%

Support the vegetarian food policy

LET’S MAKE CBS MORE SUSTAINABLE

Spisestuerne offers a wide range of vegetarian dishes. Get inspiration on spisetuerne.dk.

Are you considering hosting a larger event? CBS Sustainability has published a sustainable event guide with tips to make your event more sustainable. You can find the guide on cbs.dk/sustainability/resources.

GET STARTED

Are you interested in making your department vegetarian? Contact CBS Sustainability and we will be happy to assist you: sustainability@cbs.dk